

82 Washington St
Lubec, ME 04652
Phone: (207)733-0925
Open 7 Days A Week
Monday - Sunday: 8AM - 7PM

We Accept:   



\$9.99
lb.

**Boneless
New York
Sirloin Steaks**
USDA Choice Beef



**Fresh Pork
Tenderloin**
Lean & Tender
Boneless

\$2.99
lb.



**Cape Covelle Raw
Argentine Red Shrimp**
Colossal • Peeled
& Deveined
Wild Caught
16 To 20 Ct • 1 Lb Bag

\$10.99
ea.



**Land O Lakes
American Cheese**
White Or Yellow
Sliced To Order

\$4.99
lb



\$9.99
ea.

**Fresh 85% Lean
Beef Patties**
15% Fat
1.35 Lb Pkg



\$2.99
ea.

**Fresh Plump
Blueberries**
Loaded With Vitamins
& Minerals • Pint Cntr



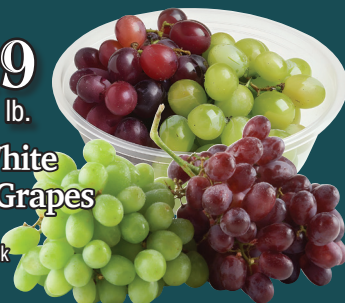
\$1.59
ea.

Avocados
Ripe & Ready
To Be Eaten



\$3.49
lb.

**Red Or White
Seedless Grapes**
Sweet & Juicy
The Natural Snack



**Florida's Natural
Orange Juice**
Selected Varieties
Ruby Red Grapefruit
Or 100% Juice Blends
52 Fl Oz Crt

\$3.99



**General Mills
Lucky Charms
Cereal**
Cinnamon Toast Crunch
Or Honey Nut Cheerios
14.6 To 16.8 Oz Box

\$3.99



**B&M
Baked
Beans**
Selected Varieties
28 Oz Can

\$2.59



**Farm Rich Breaded
Mozzarella
Sticks**
22 Oz Pkg

\$5.29



**Friendly's
Sundae Cups**
Selected Varieties
6 Fl Oz Cup

\$1.19



**Cabot Shredded
Or Bar Cheese**
Selected Varieties
6 To 8 Oz Pkg

\$3.19



**Dunkin' Ground Or
Whole Bean Coffee**
Selected Varieties
11 To 12 Oz Bag

\$9.49



**French's
Yellow
Mustard**
20 Oz Squeeze Btl

\$2.49



**Noosa Lil'
Tub Yoghurt**
Selected Varieties
4.5 Oz Cntr

99¢



**Food Club
Peanut
Butter**
Creamy or Crunchy
16 Oz Jar

\$1.89



**Poland Spring Water
24 Pack**
16.9 Fl Oz Btl
405.6 Fl Oz Pkg
Plus Deposit

\$4.99



**Popsicle Ice Pops or Frozen
Dessert Bars Good Humor Ice
Cream Bars**
16.2 To 18 Fl Oz Box Or Popsicles
Selected Varieties Or Fudgsicles
10.96 To 29.7 Fl Oz Box

\$5.99



**Friendly's
Ice Cream**
Selected Varieties
Excluding Pistachio
48 Fl Oz Crt

\$4.19



**Fiora 6 Giant Rolls
Paper Towels**
Half Sheets
Or Full Sheets
708 Ct Pkg

\$5.99



**Scott Comfort Plus 12
Mega Rolls Bath Tissue**
5100 Ct Pkg

\$9.99



Sale Dates: Friday, July 17th Thru Thursday, July 23rd, 2026

Not All Items Available At All Stores.

Not Responsible For Typographical Errors. We Reserve The Right To Limit Quantities. Illustrations Are For Display Purposes Only And Do Not Necessarily Represent Items On Sale.

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DRY GOODS

Back To basics

Everyday Basics... Fill The Pantry!



\$2.79

Cheez-It
Baked Snack
Crackers
White Cheddar
Or Extra Crispy • 7 Oz Box



Quaker Chewy Granola Bars
Selected Varieties
5.6 To 7.4 Oz Box

\$3.49



Prince Pasta
Selected Varieties
16 Oz Box
Excluding Lasagna

2/\$3



Crystal Light On-The-Go Drink Mix
Selected Varieties
10 Ct • .7 To 1.4 Oz Box

\$3.39



\$2.39

Food Club
100% Apple Juice
64 Fl Oz Btl

Prego Pasta Sauce
Alfredo Sauce
Selected Varieties
14.5 To 24 Oz Jar

2/\$5



Full Circle Organic Chicken or Vegetable Broth
32 Oz Ctn
Or Chicken Or Beef Stock
32 Oz Ctn... \$2.59

\$1.99



Campbell's Spaghetti O's
Selected Varieties
Or Spaghetti
15.6 To 15.8 Oz Can

2/\$3



\$2.69

V8 Splash Beverage
Selected Varieties
64 Fl Oz Btl



Chicken Of The Sea Solid White Tuna 4 Pack
No Drain • 4 Oz Cans
16 Oz Pkg Or Chunk White
5 Oz Cans • 20 Oz Pkg

\$6.89



Hershey's Chocolate Syrup
24 Oz Btl

\$4.69



Food Club Salad Dressing
Selected Varieties
16 Fl Oz Btl

\$2.39



Friskies Dry Cat Food
Tender & Crunchy
Surf & Turf Or
Seafood Sensations
3.15 Lb Bag

\$5.49



Purina ONE Dry Dog Food
Lamb & Rice Or
Chicken & Rice
16.5 Lb Bag

\$30.99



Cascade ActionPacs For Dishwashers
Platinum Or Complete
14.7 To 18.8 Oz Pkg

\$12.99



SNACKS & DRINKS

PACKAGED Breads



\$4.19

Skinny Pop Popcorn
Selected Varieties
4.4 To 5.3 Oz Bag

Sun Chips Or Doritos
Selected Varieties
7 To 10.75 Oz Bag

\$4.49



Pepsi Soda 12 Pack
Selected Varieties
12 Fl Oz Cans
144 Fl Oz Pkg
Plus Tax & Deposit

\$8.99



IGA 6 Pack English Muffins
Plain
12 Oz Pkg

\$1.99



\$4.19

Nabisco Chips Ahoy! Or Oreo Cookies
Selected Varieties
9.21 To 14.03 Oz Pkg



Crav'n Dry Party Peanuts
Or Honey Roasted
12 Oz Cntr

\$2.59



Coca-Cola Soda 6 Pack
Selected Varieties • 16.9 Fl Oz Btl
101.4 Fl Oz Pkg
Plus Tax & Deposit

\$4.99



IGA Hot Dog Or Hamburger Rolls
8 Pack
11.5 Oz Pkg

\$1.99



Lay's Stax Potato Crisps
Selected Varieties
5.5 To 5.75 Oz Cntr

\$2.29



Glaceau Vitamin Water 6 Pack
Selected Varieties • 16.9 Fl Oz Btl
101.4 Fl Oz Pkg

\$6.99



Super Buy Hamburger Rolls
Or Hotdog Rolls
12 Ct Pkg

\$2.99



SUPPORT LOCAL • BUY LOCAL
Support Our Community

FROZEN FOODS

Meals made easy

Frozen For Freshness and Convenience



\$3.49

Luigi's Italian Ice
Selected Varieties
36 Fl Oz box



Crav'n Flavored Ice Cream Cups
Selected Varieties
36 Fl Oz Bag

\$4.19



Food Club Vegetables
Selected Varieties
24 Oz Pkg

\$2.99



Birds Eye Voila! Skillet Meals
Selected Varieties
21 Oz Bag

\$3.99



Crav'n Hash Brown Potato Patties
22.5 Oz Pkg

\$3.79

Crav'n Mozzarella Sticks
Cream Cheese Stuffed Jalapeño Poppers Or Macaroni & Cheese Bites • 8 Oz Box

\$2.59

Crav'n Chicken Meal Starter
Selected Varieties
18 Oz Bag

\$6.29

Crav'n Creme Pies
Chocolate • Coconut Or Key Lime
24.5-30.4 Oz Box

\$7.69



Local and Farm Fresh Dairy Products

FRESH DAIRY

Cool and creamy selections

Ssips Drinks
Selected Varieties
52 Fl Oz Crtn

\$1.69



KraftDeli Deluxe Slices
Selected Varieties • 16 Oz Pkg

\$6.39



Califia Farms Creamers
Selected Varieties
25.4 Oz Btl

\$4.49



\$1.89

Food Club Sour Cream
Regular Or Light
16 Oz Cntr

Food Club Half & Half
Regular Or Fat Free
32 Oz Cntr

\$2.99

Land O Lakes S Spreadable Butter
Selected Varieties
13 To 15 Oz Cntr

\$3.69

YoCrunch Yogurt 4 Pack
Selected Varieties
4 Oz Cntr • 16 Oz Pkg

\$2.99

Reddi Wip Whipped Topping
Selected Varieties
13 Oz Aerosol Can

\$4.59

DELICATESSEN

Sliced the way you like

Sliced and Baked Fresh Everyday



\$8.49
lb.

Charter Reserve Golden Roasted Chicken Breast
Sliced Fresh In Our Deli



Farmland Cooked Ham
10% Water Added
Sliced Fresh
In Our Deli

\$3.99
lb.



Nashoba Slow Rise 9-Slice Bread
Selected Varieties
19 To 23 Oz Pkg

\$5.49
ea.



\$2.69
ea.

Pillsbury Easy Split Biscuits
3.17 Oz Pkg
6 Count

MarieCallender's Pies
Fruit Or Cream Pies
Selected Varieties
25 To 38 Oz Box

\$5.99
ea.



Toufayan Gluten Free Wrap
Original Or Spinach
11 Oz Pkg

\$2.29
ea.



Apple Strip Danish
Cheese Or Raspberry
14.1 Oz Pkg

\$6.49
ea.



Bakery Fresh Crumb Cakes
New York Style • Cinnamon Or Blueberry
8" • 20 Oz Pkg

\$5.49
ea.



BUTCHER

Quality cuts every day

Premium Beef, Pork, Chicken & Seafood



\$2.99
lb.

Springer Mountain Farms Split Chicken Breast

No Hormones • No Antibiotics
Bone-In



\$1.99
lb.

Springer Mountain Farms Whole Chicken

No Hormones • No Antibiotics



\$2.99
lb.

Pork Spareribs Whole Rack

Previously Frozen
Or Half-Rack Ribs... \$2.99 lb.



Old Neighborhood Caesar Chicken Skewers

Sweet Chili • 1.2 Lb Pkg
Or Korean BBQ Sirloin Steak
1.25 Lb Pkg...\$10.99 ea.

\$5.99
lb.



Simply Traditional Mashed Potatoes

Sour Cream Or Garlic
24 Oz Pkg

\$3.99



Springer Mountain Farms Chicken Burgers

No Hormones No Antibiotics
16 Oz Pkg

\$3.99
ea.



Sugardale Sliced Bacon

Regular • Thick Sliced
Or Center Cut
16 Oz Pkg

\$5.99
ea.



Smithfield Boneless Ham Steaks

Selected Varieties
8 Oz Pkg • Cubed
Or Diced • 8 Oz Pkg

\$3.49
ea.



Food Club BBQ Baby Back Pork Ribs

Fully Cooked
16 Oz Pkg

\$6.99
ea.



Springer Mountain Farms Thin Sliced Chicken Breast

Boneless
No Hormones No Antibiotics

\$4.99
lb.



Mama Mancini Beef Meatballs

Or Turkey Meatballs
16 Oz Pkg

\$6.49
ea.



Simply Cut Potatoes

Selected Varieties
20 Oz Bag

\$2.99

Ball Park Beef Franks

Regular or Bun Size
15 Oz Pkg

\$5.49
ea.



State Fair Corn Dogs

Original Or Beef
13.35 To 16 Oz Box

\$4.49
ea.

PRODUCE

Live a healthy life

Local and Farm Fresh



\$2.99
lb.

California Peaches Or Nectarines

Sweet & Delicious
Mix & Match



\$3.99
lb.

Red Or Black Plums

California
Sweet & Delicious



Fresh Express Salad Kits

Selected Varieties
5 To 11 Oz Pkg

\$3.99
ea.



Whole Or Sliced White Mushrooms

All Natural • High In Potassium
Low In Sodium • 8 Oz Pkg

2/\$5



Large Purple Eggplant

High In Potassium
Low In Sodium

\$1.79
lb.

Yellow Or Green Squash

Garden Fresh
Young & Tender

\$1.49
lb.

Northwest Cherries

Buy Now, Freeze Now,
Fat Free
10.5 Row & Larger

\$4.99
lb.



Little Potato Company Microwave Potatoes

Mini Reds Or Yellows
1 Lb Pkg

\$3.99
ea.



Olivia's Organic Salad Blends

Selected Varieties
5 Oz Cntr

\$3.99
ea.



Chatham Village Croutons

Selected Varieties
5 Oz Pkg

\$1.49
ea.



Sweet Pluots

Unique Cross Between
A Plum And An Apricot

\$3.99
lb.

Navel Oranges

3 Lb Bag
Imported
High In Vitamin C

\$7.99
ea.

